

Rules Service pistol

The event is a 50 shot competition and shall be concluded within approx.40 minutes from the first shot to the last, 4 minutes maximum for each 5 shots, except the first series, which shall take 15 seconds to fire, after the command has been given.

Gear

Standard issue police side arms shall be used. All gear must be part of regular issue police gear, including spectacles and other shooter aides. Shooter is not required to wear police uniform or police vest.

Required gear

- Standard issue police side arm
- Standard issue side arm holster
- Standard issue magazine pouch
- Safety goggles
- Hearing protection

Target

International rapid fire / center fire rapid stage target.

Rules

Should the shooter not follow the rules, the shooter will get one warning from the range officer followed by a STOP command should an infraction occur again. Should the shooter be given a STOP command, he/she cannot fire the remaining shoots in this string and only fired shots be counted. Should the shooter receive more two STOP commands during the competition, the shooters is disqualified.

Course of fire

The competition shall be shot in 5 series, from various distances and stances as follows:

Strings 1 – 5

1. shots: 10
Range: 10m.
Time: 15 sec. 2 magazines loaded with 5 shot each. Shooter has to fire both within the time frame. Shooters stand on the firing line with pistol cocked and holstered. When the command " are you ready" is given shooters place both hands on their head. 7 sec are then given until the target appears or green light is given and shooting starts without further command.
2. Shots: 10
Range 25m.
5 shots lying position. Different stances can be used, as long as head is pointed downrange and most of shooters body touches the floor.
After the last shooter has fired the shooters can change stance, after instructed to do so by the range officer.
5 shots sitting. Different stances can be used, as long as both buttocks touch the floor.
3. Shots: 10
Range 20m.
5 shots shot from the right side of a cover with right hand and 5 from left side with left hand in shooters own time.
Majority of body shall be kept behind the cover and only shoulder and part of head be visible from the other direction.
4. Shots: 10
Range 15m.
5 shots kneeling and 5 shots standing. Shooter shall stand on two legs when standing with no support. Different stances can be used when kneeling but limited to the shooter having one knee on the ground.
5. Shots: 10
Range 10m.
5 shots, standing ,with both hands followed by 5 shots single handed.
In the first 4 series the score for each shot can be from 0 – 10 points but in the 5. Serie the score is a hit or a miss.
Only hits within the ten ring count. 10 points or 0 for each shot.

Maximum is **500** points.

If two or more shooters get the same results the inner tens from the whole competition are counted. If two or more are still equal, there will be a shootout. The first series will be shot until results are clear.

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