

GENERAL COMPETITION RULES

1

Nordic Police Championships is arranged in following sports events:

Football - responsible controller
Orienteering - responsible controller
Golf - responsible controller
Handball - responsible controller
Marathon – responsible controller
Skiing - responsible controller
Shooting - responsible controller
Volleyball – responsible controller

As a guideline the countries will from 2017 organize NPC in the following order:
Denmark - Iceland – Sweden - Estonia- Finland - Norway – etc.

Exception:

Iceland does not organize ski, volleyball and orienteering.
Finland does not organize handball and golf.
Denmark does not organize ski.
Sweden does not organize volleyball.
Estonia does not organize handball and golf.
TC is responsible for drawings in teams championships.

2

The organizing nation is fully responsible for all expenses for the organization of the championships, in addition to the registration fee (see below). Organizing nation should bear the costs from supper the day of arrival inclusive breakfast the day of departure and accommodation. It should not be more than 4 people in each room.

Transportation from the nearest airport or train station, as mentioned in the invitation, will be arranged by the organizer.

Registration fee for all participants and a delegate from each nation in the Nordic Police Championship is 50 euros per person per day.

There is no obligations for the organizing nation to receive guests. If it is possible to do so, it shall be stated in the invitation to the championship and how much guests pay.

The controller responsible member of TC, under the provisions of point 14 in the Statues, shall contribute on the organizing nation's behalf and cost.

3

Nordic Police Championships can not be arranged official if less than three countries register their participation. Applications must be made from the respective associations. In order to have a championship, at least three participants/teams must start in the championship/events.

If not enough participants are registered, the organizer shall notify the member associations and try to find a solution together with the members of the TC. This shall be notified at least 3 months before the championships.

4

At least 12 months before the championship, the organizing nation must send out a request for participation to the other nations. For this purpose, the date for the championship must be given 9 months prior. Both women and men shall be invited.

5

Invitation to the championship will be sent out at least 6 months before race day, the last day for registration shall be stated at least 4 months before race day.

6

Any police officer in the police service in any of the 6 Nordic countries and the performing police services in the strict sense, has the right to participate. Police cadet / students who began their police training has the right to participate. Police officers who is on leave (maximum one year) are also entitled to participate in the Championships, there may be exceptions for parental or care leave.

7

Referees are appointed by the organizing nation. These should have international or national license.

8

Protest during the championship should as soon as possible and no later than 1 hour after the end of the competition be submitted to the jury. The protest shall be submitted in writing.

Protest against the results list shall be delivered in the same way at the list's publication or least 30 minutes hereafter.

9

The delegates from each participating nation and the responsible TC controller works during the championship as jury (appeal court). Chairman of the jury is from the host nation.

Minutes shall be taken at each meeting during the championships. The delegate of each nations and responsible TC controller shall sign minutes.

If a nation wish someone else than the delegate to be included in the jury, it shall be reported to the organizing nation in connection with the notification to the championship.

The jury is the highest appeal jury for all sports throughout the championship. It determines all complaints and disputes submitted to the jury of each nation's coach or the race director or chief judge for each sport.

10

The organizing nation has the right to decide the order of the race branches provided that it otherwise has been determined.

11

Before a championship start a meeting shall be held with the delegates and coaches. The minutes shall be distributed as shortly as possible after the meeting. This meeting has the right to decide on practical matters related to the championship.

12

Championship Medals:

Gold, silver and bronze medals will be given in individual sport as well in team sports as according to the competitions rules.

Everyone who by the competitions rules belongs to the team, will get a medal.

NPSA's medals, has NPSA's logos on the front, and are in 6 different versions, one version for each member nations, where their logo is at the top. (The medals should be 3 mm. thick and 6 cm. in diameter. On the back side of the medals shall write name of the relevant sport, year and name of hosting country.

13

Special team competitions take place in the shooting and golf and will be rewarded with medals.

14

Changes to the competition program, the general competition rules or the rules of the contest can be made by the Association Executive and TC, but the final decision must be ratified at the ordinary Congress.

Football rules:

1.

In Championships organized in football, each nation has the right to enter a team with a maximum of 18 players, 1 coach and 1 trainer. If there are 3 teams entered, a maximum of 15 players. Free substitutions is allowed. In addition, each nation has the right to enter 1 masseur. The championship will be held in June.

2.

The championship is played as a single series so that all teams meet each other. Each team is by lot assigned a number (the organizing nation will be raffled #2 and plays the first and last match), and the teams will play following this schedule:

At 3 teams entered (2 off days):

Round 1, teams 2-1 and 1-3

round 2, teams 2-3

At 3-4 teams entered:

round 1, Team 2 - 3 teams 1-4

round 2, team 4-3 and teams 1-2

round 3 team 3-1 and the teams 2-4

At 5 teams entered:

round 1, Team 2 - 5 teams 3-4

round 2, team 1-2 and teams 5-3

round 3 team 3-1 and the teams 4-5

round 4, teams 2-3 and the teams 1-4

round 5 team 5-1 and the teams 4-2

At 6 teams entered:

2 groups with 3 teams each.

Technical Committee makes drawings to the groups.

If the host is not the actual champion, they will be placed in each group.

Group 1:

round 1, team 2-1

round 2, team 1-3

round 3, team 2-3

Group 2:

round 1, team 4-5

round 2, team 5-6

round 3, team 4-6

Round 4 – final day:

Place 5/6: 3rd grp.1 – 3rd grp. 2

Bronze medal: 2nd grp 1 – 2nd grp. 2

Final: 1st grp. 1 – 1st grp 2

The teams playing 4 games in a row, will the 3. game day play in the morning, and on the 4. day in the afternoon.

3.

At equal points, the placing will be decided by:

1. Difference in goals
2. Highest number of scored goals
3. The mutual settlement match
4. Drawing of lots

4.

Each player must have a clear number on his jersey. This number should be the same throughout the championship. Each team will bring two sets of playing shirts, with colors that clearly differ from each other. This also applies to keeper shirts.

5.

Each team may replace 1 + 4 players, however, goal keeper will change with goal keeper.

6.

Yellow card will follow the player during the championship, with 3 yellow cards the player is suspended for the next match. If given a direct red card, the player is suspended from at least the next match. When a second yellow card or a direct red card is given, the referee must write a report to the jury in case of a protest.

7.

Otherwise, the UEFA (European Football Association) rules applies. (Edited 2011)

Orienteering, rules:**1.**

The individual tracks length must be adapted to a winning time of around 50 minutes for women and about 80 minutes for men.

In short relay (on the day of arrival) both sexes will be part of the team. The split times will be approximately 20 minutes - 15 minutes - 20 minutes. All stretches should be divided and marked.

2.

In other respects, the IOF (International Orienteering Federation) rules apply.

Marathon, rules:**1.**

The Championships is organized as individual competition for women and men. In the team competition the 3 best placed women and the 4 best placed men counts from each nation.

2.

Every nation has the right to submit a maximum of 6 women and 6 men, and 2 coaches.

3.

Championships may be held / organized in cooperation with the national official marathon in the organizing nation.

4.

In other shell IAAF's rules apply.

New discipline in 2015

Handball, rules:

1.

The Championship is held in indoor handball for men and women in the month of May.

Every nation has the right to enter a women's team and a men's team, each team with 16 players, 1 trainer and 1 coach per team. In addition, each nation has the right to enter 1 masseur.

2.

The championship is played as a single series so that all teams meet each other.

The teams is by lot assigned a number (the organizing nation will be raffled # 2 and plays the first and last match), and will play with the following schedule:

At 3 teams entered (2 off days):

Round 1, teams 2-1 and 1-3

round 2, teams 2-3

At 3-4 teams entered:

round 1, Team 2 - 3 teams 1-4

round 2, team 4-3 and teams 1-2

round 3 team 3-1 and the teams 2-4

At 5 teams entered:

round 1, Team 2 - 5 teams 3-4

round 2, team 1-2 and teams 5-3

round 3 team 3-1 and the teams 4-5

round 4, teams 2-3 and the teams 1-4

round 5 team 5-1 and the teams 4-2

Placing are made in accordance with point system. At equal points, the following applies:

1. Mutual settlement match
2. Goal difference in total
3. Highest number of scored goals
4. Drawing of lots

3.

Each team will bring two sets of shirts in colors that clearly differ from each other. This also applies to the goalkeeper shirts.

Each player must have the same shirt number throughout the playoffs.

4.

In other respects, the IHF (International Handball Federation) rules apply.

(Edited 2011)

Cross nation skiing, biathlon, rules:

1.

NPC in cross-nation and biathlon events are held at the same time.

2.

Each member nation taking part in skiing and biathlon have the right to register a maximum of 10 women and 10 men, 1 coach and 1 trainer. A maximum of 4 women and a maximum of 5 men will start in each event. In the relays, no association may start with more than 1 women team and 2 men's teams.

Cross Nation

1.

The Championships are organized in the following branches:

Women: Cross Nation 5 km Classic

Pursuit 5 km freestyle

Relay 3 x 5 km, first leg classic, second and third distance free style

Men: Cross nation 10 km classic

Pursuit 10 km freestyle

Relay 3 x 10 km first stretch classical, second and third leg free style

2.

In other respects, the FIS (International Ski Federation) rules apply.

Biathlon

1.

Championships are organized in the following branches:

Women: Sprint 7.5 km free style

Pursuit 10 km free style

Relay 3 x 6 km free style

Men Sprint 10 km free style

Pursuit 12.5 km free style

Relay 3 x 7.5 km free style

Sprint distances should have 2 shooting stations, and the pursuit starts will have 4 shooting stations.

In the 7.5 km, it should be at least 1.5 km between the shootings. In the 10 km shall be at least 2 km between the shootings. In the 12.5 km shall be at least 2.5 km between the shootings.

2.

All shooting should be done standing. At each station, the competitor will shoot 5 shots against 5

targets.

In the sprint, hand support is only permitted on shooting station 2. In pursuit this is only permitted on the shooting station 3 and 4.

For each missed target, the competitor will ski a penalty loop of 150 meters.

3.

The targets will have a diameter of 115 mm and be a falling target.

The shooting distance will be 17.5 meters.

4.

Only a pistol or revolver caliber 5.6 mm may be used. The pressure weight on the trigger should be at least 1 kg.

Weapons and ammunition shall be carried throughout the competition. The gun must be unloaded.

Loaded magazines may be taken, however, not the gun. Loading of the gun may take place only when the competitor has reached the designated firing point.

5.

The competitor can be penalized with a time penalty of one or two minutes or disqualified.

Chapter 12 of UIPMB (International Ski Federation) rules apply in applicable parts.

In addition, contestants who violates paragraph 4 will be disqualified.

6.

In other respects, UIPMB's and www.issf-shooting.org/rulesregler apply.

Biathlon relay

1.

Women go 3 x 6 km and men go 3 x 7.5 km free style. On each route, there shall be 2 shooting stations, which will be located after about 2.5 km and 5 km.

2.

Shooting will take place in the standing position. Hand support is allowed only on the second shooting station.

At each station, the competitor will shoot 5-8 shots against 5 targets. The competitor shoots only his 5 regular shots. If not all 5 targets is down, reserve ammunition (3 shots) should be placed in a designated place. The reserve ammunition should be loaded one by one.

3.

The targets will have a diameter of 115 mm and be falling targets.

The shooting distance will be 17.5 meters.

4.

Only a pistol or revolver caliber 5.6 mm may be used. The pressure weight on the trigger should be at least 1 kg.

Weapons and ammunition shall be carried throughout the competition.

The gun must be unloaded.

Loaded magazines may be taken, however not the gun.

Loading may take place only when the competitor has reach the designated firing point.

5.

The competitor can be penalized with a time penalty of one or two minutes or disqualified.

Chapter 12 of UIPMB (International Ski Federation) rules apply in applicable parts.

In addition, contestant who violates paragraph 4 will be disqualified.

6.

In other respects, UIPMB's and www.issf-shooting.org/rulesregler rules applies.

Shooting, rules:

1.

The Championships are organized as individual and team competitions in the following disciplines:

Women:

Sport pistol 25m

Standard Pistol

Air Pistol

Air Rifle

Free rifle, half the match, 3 x 20 shots

Free rifle, English-match, 60 shots

Men:

Center fire pistol

Standard Pistol

Air Pistol

Air Rifle

Free rifle, full match, 3 x 40 shots

Free rifle, English-match, 60 shots

Open class: Pistol 50m

Rapid Fire Pistol

Team competition for both men and women. Team results is the combined individual results for each nation's three shooters. If there is not enough competitors according to the competition rules, there will be an open class where the three best results men and women are combined.

2.

During championships: Day 1 is training, arms control and competitions with airguns.

Finals will be shot in the Olympic disciplines.

In Rapid Fire Pistol squads will be shot in sequence 1-2 and a 1-2.

3.

Each member association has the right to submit a maximum of 20 participants, 2 team leaders and one coach. Maximum 3 participants may start in each event.

If there are not enough athletes participating in a discipline to be approved as a Nordic Championship (3 nations), the discipline will be carried out as an open class.

4.

At Championships, there shall be a panel of 3 persons, of whom one is the President of the gun arms and a jury of 3 persons, of whom 1 is the President of rifles branches. The same person may be included in both juries.

Trainer or competitor may not be included in the jury. Coach with at least national license may be included in the jury.

At the Nordic championships, there shall be a pistol jury and a rifle jury of three members each. One of the jury members shall be from the organizing nation. Jury members shall have at least a national referee or coach license. Active coach or competitors cannot be member of juries.

The same person can be on both juries.

5.

In other respects, www.issf-shooting.org/rules rules apply.

Edited 2011.

Golf rules:**1.**

The Championship is organized by individual competitions for men and women as well as team competition where top 3 women and top 4 men counts from each nation. Championships are organized during the month of September.

2.

Every nation has the right to submit a maximum of 6 women and 6 men, and 2 coaches.

3.

Event occurs at 2 x 18 holes over two days. Stroke play without handicap.

On arrival day, the contestants have the opportunity to receive training play on the course. This should be organized by the organizer.

4.

Tiestart for men - white.

Tiestart for women decided on the team leader meeting.

5.

Playoff to decide the winner takes place on hole 18.

The placements of others are determined by:

If two or more players have equal results, the result is calculated on the last 9 holes then last 6 and finally on the last 3 holes. Is it still a tie, lottery will determine the placement.

6.

Otherwise, the golf rules that are approved by R & A Limited apply.

Edited 2015

Volleyball rules:

1.

The Championship is held indoor in May for both women and men.

Every nation has the right to enter a women team and a mens team, each with a maximum of 12 players, with 1 coach and 1 trainer per team. In addition, each nation has the right to enter 1 masseur.

2.

The championship is played as a single series so that all teams meet each other.

The teams is by lot assigned a number (the organizing nation will be raffled # 2 and plays the first and last match) and then play with the following schedule:

At 3 teams entered (2 off days)

Round 1, teams 2-1 and 1-3

round 2, teams 2-3

At 3-4 registered teams

round 1, Team 2 - 3 teams 1-4

round 2, team 4-3 and teams 1-2

round 3 team 3-1 and the teams 2-4

At 5 registered teams

round 1, Team 2 - 5 teams 3-4

round 2, team 1-2 and teams 5-3

round 3 team 3-1 and the teams 4-5

round 4, teams 2-3 and the teams 1-4

round 5 team 5-1 and the teams 4-2

In the fifth set, a tiebreak set will be played (to 15 points).

Placing are made in accordance with the point system. At equal points, the following applies:

1. Most plus Sets
2. Most won points
3. The mutual settlement match

3.

In other respects, the International Volleyball Federation (FIVB) rules applies.